

Week at a Glance - Covenant Health Fall Menu 1

Week 3

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Baked Cheese Omelet Hashbrown Potatoes Sausage Links	Bacon Breakfast Bake White Toast Fresh Banana	French Toast Casserole Bacon Fresh Grapes	Scrambled Eggs White Toast Hashbrown Potatoes	Cheese Omelet Bacon Danish Pastry	Scrambled Eggs White Toast Hashbrown Potatoes	Scrambled Eggs Bacon White Toast
	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>
Lunch	Herbed Pork Loin Rice Pilaf Seasoned Zucchini Cheesecake w/Raspberry Topping	Lemon Rice-Stuffed Cod Lemon Wedge Brussel Sprouts Whipped Citrus Gelatin	Onion Sage Chicken Confetti Rice Buttered Asparagus Cranberry Mold	Cabbage Casserole Corn Dinner Roll/Marg Angel Cake w/ Strawberry Topping	Beef & Broccoli Stir Fry Yellow Squash w/ Onions Brown Rice Stain Glass Parfait	Beef Burgundy Buttered Noodles Mixed Vegetable Strawberry Mousse	Baked Beans Frankfurter Coleslaw Drop Biscuit Butterscotch Cream Pie
	<i>Alternates</i> Meatloaf Mashed Potato Wax Bean w/ pimento	<i>Alternates</i> Spaghetti with Meatballs Mixed Vegetable Garlic Bread	<i>Alternates</i> Poached Salmon Baked Potato Wedges Peas w/Mushrooms	<i>Alternates</i> Seafood Quiche Italian Medley Veg Breadstick	<i>Alternates</i> Roast Turkey Mashed Potato Poultry Gravy Spinach	<i>Alternates</i> Ham w/Cherry Sauce French Style Green Beans Sweet Potatoes	<i>Alternates</i> Grilled Chicken Sandwich Potato Chips Baked Tomato Half
Dinner	Chicken Stew Lima Beans Chocolate Cream Pie	Triple Cheese Pizza Combination Vegetable Salad Custard	Open Faced Beef Sandwich Baked Onions Fresh Cantaloupe	Kahlua Pork Rice Fresh Baked Squash & Onions Ambrosia	Baked Chicken w/ Noodles Green Beans Blueberry Delight	Oven Fried Chicken Mashed Potato Broccoli and Cauliflower Chocolate Chip Cookie	Hamburger on a Bun Broccoli Slaw Fresh Grapes Apple Cobbler Whipped Topping
	<i>Alternates</i> Split Pea Soup Crackers(2) Pancakes Bacon Peach and Cottage Cheese Salad	<i>Alternates</i> Chicken Rice Soup Crackers(2) Chicken Fajita Salsa Sour Cream Guacamole Mexicorn	<i>Alternates</i> Cheddar Cheese Soup Crackers(2) Macaroni & Cheese Buttered Beets	<i>Alternates</i> Crm Broccoli Soup Crackers(2) Buffalo Chicken Breast Wrap Spinach Tortellini Salad	<i>Alternates</i> Minestrone Soup Crackers(2) Broccoli Cheese Strata Sauteed Summer Squash	<i>Alternates</i> Hearty Beef Vegetable Soup Crackers(2) Tuna Salad S/W Pasta Salad Rosy Pears	<i>Alternates</i> Crm Mushroom Soup Crackers(2) Fish Cake Lima Beans French Fries