



A Member of Covenant Health

150 Water Street  
Haverhill, MA 01830  
978.374.0707



## Memory Care Program

# Rely on Us

Penacook Place is focused on caring for the whole person. We provide a secure memory care unit dedicated to the care and needs of those challenged by Alzheimer's disease and related dementias. With a caring smile and compassionate touch, our specially trained staff are skilled at delivering exceptional care using innovative techniques designed to respect the dignity of each resident. Our staff receives ongoing training for best practices and techniques unique to memory and dementia care. This contributes to an enriching, engaging and safer environment for our residents.

Residents participate in a wide range of group and individual activities to stimulate their personal interests and needs.

#### We offer:

- Memory Care program directed by a Certified Dementia Practitioner
- On-going medical management and medication management
- Alternative therapy options, including music, pet and aroma
- A Namaste room for relaxation and meditation
- Home-like dining program managed by a Registered Dietitian
- Daily exercise to promote healthy balance and range of motion
- Secured outdoor Memory Garden
- Montessori-based activities
- A variety of entertainment, current events and creative arts activities

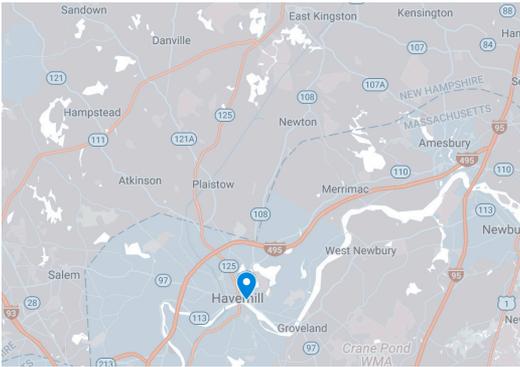


**Peace of Mind** – Our exceptional team works closely with each resident and their family to create individual care plans. We meet the unique medical, physical, cognitive, nutritional and emotional needs of our residents.

**Compassion. Integrity. Collaboration. Excellence.**

Penacook Place is a Catholic, values-based not-for-profit health ministry proudly providing healing and care for the whole person in service to the greater Haverhill communities we serve.

We accept most major managed care insurance policies, private pay, Medicare and Medicaid.



Established just north of Boston, Massachusetts, Covenant Health is an innovative, not-for-profit health system and delivery network and a leader in Catholic values-based health and elder care. Covenant's family of facilities includes three acute care hospitals and boasts 10 post-acute care communities extending from Maine to Pennsylvania as well as a number of physician practice locations.

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